

First Aid Packing List

Printable Packing Lists for Vacations, Travel & Road Trips

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|---|---|
| <input type="checkbox"/> allergy medication | <input type="checkbox"/> insect repellent |
| <input type="checkbox"/> analgesic (topical, itch relief) | <input type="checkbox"/> isopropyl alcohol (for sterilizing) |
| <input type="checkbox"/> antacid pills | <input type="checkbox"/> motion sickness med (nausea) |
| <input type="checkbox"/> antibacterial cream (for cuts) | <input type="checkbox"/> nail clippers |
| <input type="checkbox"/> antibiotic ointment (for infections) | <input type="checkbox"/> nail file |
| <input type="checkbox"/> antiseptic (liquid, spray, iodine) | <input type="checkbox"/> needle (sewing, lancing) |
| <input type="checkbox"/> bandages (assorted sizes) | <input type="checkbox"/> pain reliever |
| <input type="checkbox"/> bandages (children's) | <input type="checkbox"/> safety pins |
| <input type="checkbox"/> bismuth (diarrhea, upset stomach) | <input type="checkbox"/> scissors |
| <input type="checkbox"/> book or app (first aid guide) | <input type="checkbox"/> sling (arm) |
| <input type="checkbox"/> bug stinger remover (suction tool) | <input type="checkbox"/> sunscreen |
| <input type="checkbox"/> cold pack (instant) | <input type="checkbox"/> tape (adhesive) |
| <input type="checkbox"/> cortisone cream (anti itch) | <input type="checkbox"/> thermometer (digital) |
| <input type="checkbox"/> dental floss (strong thread) | <input type="checkbox"/> toilet paper |
| <input type="checkbox"/> elastic compression bandage | <input type="checkbox"/> tourniquet |
| <input type="checkbox"/> eye drops (redness, lubricating) | <input type="checkbox"/> tweezers |
| <input type="checkbox"/> face mask (cloth, washable) | <input type="checkbox"/> water (bottled) |
| <input type="checkbox"/> face masks (disposable) | <input type="checkbox"/> best selling first aid supplies |
| <input type="checkbox"/> gas relief pills | <input type="checkbox"/> most wished for first aid supplies |
| <input type="checkbox"/> gauze (assorted sizes) | <input type="checkbox"/> |
| <input type="checkbox"/> gauze (roll and fastener) | <input type="checkbox"/> |
| <input type="checkbox"/> gloves (nitrile) | <input type="checkbox"/> |
| <input type="checkbox"/> gloves (sterile, medical) | <input type="checkbox"/> |
| <input type="checkbox"/> hand sanitizer | <input type="checkbox"/> |
| <input type="checkbox"/> hand wipes (antibacterial) | <input type="checkbox"/> |
| <input type="checkbox"/> hand wipes (cleaning) | <input type="checkbox"/> |

